

# COUNSELLING NEWS

*Fall Edition - October 2025*



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Dear Students and Families,

A huge welcome to the new school year! This is our first quarterly newsletter that includes important information and resources, especially reminders for our Grade 12 students. We will have 3 more editions this school year in January, April and the end of June.

### Important Reminders:

- Communication is Key: Please don't hesitate to reach out with any questions or concerns. Our photos are above with our caseloads, which are based on the **first letter of student's last names**. Please contact us via e-mail or feel free to call the school at 604-668-6668 to ask for an appointment to meet with us.

Your partnership is so important to your child's success. Thank you for all you do to support their learning journey. We will have another update in our Winter update (in January).

Warmly,  
The Counselling Team

## Online Courses

Students taking online courses should inform their counsellor. The online provider is responsible for ensuring the mark is updated on the student's transcript. Students cannot cross-enroll in courses (ie. take the same course at the same time at two different schools) according to Ministry of Education requirements.

## FamilySmart

Resource for  
parents/caregivers:

Peer support workers are available free of charge to talk to parents and caregivers and provide emotional support and resources. Check out

<https://familysmart.ca/parent-peer-support/>

## Caregiver workshops at Richmond Public Library

Check out the Panel Discussion and Workshop for Teen Mental Health.

Register at  
[yourlibrary.ca](http://yourlibrary.ca)

# GRADE 12 UPDATES

October 2025

## IMPORTANT INFO

### Career Information Advisor

Ms. Digeso, our Career Information Advisor is an excellent resource to help you navigate life after high school, whether you want to apply to a school or want to start working.

Please check out her emails regarding important events and deadlines. You can schedule a meeting with her via the QR code on her door. Her office is the first door in the Counselling Centre.

### Reference Letters

It is best to speak to your counsellor in person about these requests. Please give your counsellor at least 2 weeks advance notice. Provide a list of activities or your resume. Depending on the purpose of the reference letter, another adult may be better suited speak to your abilities (e.g. your coach, supervisor or other teachers).

## Check your credits

### Transcript Verification Reports (TVRs)

At the Conference Day on December 10, Grade 12s will receive their Transcript Verification Reports noting all the courses they have taken since Grade 10 and if they are graduating. Students must review their report and inform counsellors by highlighting any errors. If there are no errors, they must sign and return them to the gray mailboxes on the bulletin board outside the Counselling Centre.

## Dates to note

- |               |   |
|---------------|---|
| <b>OCT 1</b>  | Applications open for most BC post-secondary institutions                           |
| <b>OCT 8</b>  | Richmond International Post-Secondary Fair (4-6pm)                                  |
| <b>DEC 10</b> | Conference Day - Transcript Verification Reports given out to Gr. 12s at end of day |