## SLSS SKI/SNOWBOARD CLUB OUTLINE 2023/2024- Cypress Mountain

**PROGRAM:** 4 x 3 hour lessons/guides (novice through expert) with professional qualified instructors

4 x Lift passes for chairlift access

4 x Ski or Snowboard rentals (optional)

4 x Round trip transportation from Steveston-London to Cypress Mountain

WHEN: Wednesday: February 5th, February 12<sup>th</sup>, February 19<sup>th</sup>, February 26<sup>nd</sup>, 2025

WHERE: Cypress, West Vancouver. Phone: (604) 926-5612

**TRANSPORT:** International Stage Lines

**SCHEDULE:** 2:45 pm – Excused from class to start loading up the bus

3:00 pm – Bus departs Steveston-London Secondary School

4:30 pm – Arrival at Cypress Mountain
- Rental equipment pick up

- Lesson/guide set up

5:00 pm — Lessons/guide Begin

8:00 pm – Dinner Break/Free Skiing and Snowboarding time

8:45 pm – Return rental equipment and load bus.

9:00 pm – Attendance and depart for Steveston-London Secondary

10:15pm – Arrive at Steveston-London Secondary School

(PARENTS: PLEASE ENSURE THAT YOU ARE ON TIME TO PICK UP YOUR

CHILD)

\*\*Please note that times are all approximate as actual travel times will vary depending on road conditions, late-comers, etc.\*\*

## **NOTES:**

Prior to the first trip, club members will participate in a school based session to review: appropriate mountain clothing, appropriate fitness requirements, the Alpine Responsibility Code and the layout of the downhill terrain at Cypress Mountain. Safety while skiing and boarding are key issues that will be discussed during this session and during students' lessons/guides. However, skiing and snowboarding are sports that can potentially cause injury to participants.

Sponsor teachers will be in constant contact with mountain staff to respond to any injuries or First Aid issues that may arise. Every effort will be made to contact parents in these cases; however, if contact cannot be made a decision on the mode of transportation and the destination of the injured student will be made by a sponsor teacher in consultation with the mountain's first aid attendant.

During free time, all ski and snowboard club participants must be with at least one other member of the club. No person can ski/snowboard alone. It is the responsibility of the students to ensure they are skiing/snowboarding under control, and on terrain that matches their ability level. No club member is to ski or snowboard in areas marked "out of bounds." Helmets are included in program costs for all participants and are mandatory for all students.

Ski clothing and meals are not included in program costs.

All students must be prepared to leave the mountain by reporting to the bus by 9:00pm. Any student who delays the departure of the bus may be charged for additional costs levied by International Stage Lines.

Failure to abide by school and mountain rules or cooperate with mountain and school staff may mean a loss of ski/snowboard privileges and fees.

PAYMENT INFO:			
Ski/Snowboard – Lessons, Lift Ticket, Rental and Transportation	= \$415	Option #1	
Ski/Snowboard – Lessons, Lift Ticket, and Transportation	= \$355	Option #2	
Ski/Snowboard – Lessons, and Transportation	= \$320	Option #3	