

## Wednesday, May 8<sup>th</sup>, 2024

## **Announcement**

Hi Sharks, as we wrap up our Mental Health Week, remember that every small positive thought can turn into a big positive change. Keep reaching out, keep talking, and keep supporting each other. **'Happiness can be found even in the darkest of times, if one only remembers to turn on the light.'** – Albus Dumbledore"

If you haven't already, come to the Williams Lounge today at lunch. Our Beyond the Blues fair is finally here!

Attention sharks! Enrichment, Skill Building and full credit summer school course registration begins this week and information is posted at the Counselling Center. You need your 9 digit PEN number and create an account before they can register. A tip! Please create an account BEFORE the registration date as full credit courses fill up fast!