

Tuesday, May 7th, 2024

Announcement

Hi Sharks! Remember, taking care of your mind is just as important as taking care of your body. Let's start by being kind to ourselves and others. Today is National Child and Youth Mental Health Day 'What mental health needs is more sunlight, more candor, and more unashamed conversation.' – Glenn Close.

Beyond the Blues fair is happening tomorrow during PLT 2 and at lunch. Don't forget to come check out the booths and get your prizes!

Attention sharks! Enrichment, Skill Building and full credit summer school course registration begins this week and information is posted at the Counselling Center. You need your 9 digit PEN number and create an account before they can register. A tip! Please create an account BEFORE the registration date as full credit courses fill up fast!