



SLSS Parent Week at a

May 8 – May 12, 2023

We want to acknowledge and thank the First Peoples of the *hən̓q̓əmin̓ əm̓* language group, on whose traditional and unceded territory we teach, live and learn.

Monday May 8	Tuesday May 9	Wednesday May 10	Thursday May 11	Friday May 12
		PAC Meeting 7:00pm	Grade 7 Fun Day	
DCBA (2)	ABCD (1)	AB (2)	CD (1)	DCBA (2)

Mental Health Week

As part of Mental Health Week, Dr. Deborah MacNamara led a virtual session for parents, guardians, and caregivers on **Holding Onto Our Kids in a Digital World** this past Tuesday. The **video link** ([click here](#)) to this presentation is available until May 16, 2023. Please note the presentation is tailored for an adult audience, not children.

Passcode: 0vd1y^B&

A summary of the presentation:

As if parenting wasn't hard enough in having to deal with screens, peer pressure on kids - and then we had to add a pandemic on top of it! How can we hold on to our kids so we can influence and guide them? What do kids really need from us so as to grow into socially and emotionally responsible beings? This presentation will discuss issues from technology to peer problems and how parents are the ultimate answer for what kids need most of all. Practical suggestions for (re)building strong relationships with kids from preschoolers to teenagers will be discussed along with managing challenging behaviour - including screen time!

BIO

Dr. Deborah MacNamara is the author of Rest, Play, Grow: Making Sense of Preschoolers (or anyone who acts like one), and her children's picture book, The Sorry Plane. She is on Faculty at the Neufeld Institute and Director of the counselling practice, Kid's Best Bet.

Car Wash Fundraiser

Get your car washed and support the 2023 SLSS After-Grad Party! The car wash takes place in the school parking lot (Williams entrance) on Saturday, May 13 from 10 am to 3 pm, rain or shine. We'll also have Krispy Kreme donuts for sale (\$20/dozen) and a bottle recycling drive. For more info, see the attached flier.

Future Dates to Remember

May 14	Mother's Day
May 16	Immunization Clinic
May 19	Common Pro-D Day (No School)
May 22	Victoria Day (School Closed)
May 31	Connections Conference #2

May 5, 2023 marks the National Day of Awareness for Missing and Murdered Indigenous Women, Girls, and Two-Spirit people (MMIWG2S) in Canada. Also known as Red Dress Day. Go [HERE](#) for more information and resources about the day.

Teacher Resources for Asian Heritage Month - Landscapes of Injustice. Created by the University of Victoria, this digital classroom resource provides lessons that detail the history of Japanese migration to Canada. It was created by a team of academic researchers, K-12 teachers, including our own Michael Perry-Whittingham, museum curators, and community members, and it is specifically about Japanese Canadians and their emigration experience. Its lessons and multimedia content are suitable for all grade levels and have been divided into Elementary and Secondary Resource packages. [Landscapes of Injustice - The Secondary Teacher Resources](#)

Construction in the Area

There are a few construction projects, sewage line replacements and road repairs going on in our school catchment area. Please make sure to allow sufficient time for drop offs so students can arrive to their classes on time.

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