



# Student Notices



Monday, May 1, 2023

## Announcement

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**Hi Sharks, it's Mental Health awareness this week! Did you know..**

Canadians take an average of 4,819 steps a day -- just a few more than Americans, who take an average of 4,774 steps. That's far fewer than Britons, who beat the global average and take 5,444 steps a day. In fact, people in most countries in Europe walk more than Canadians . I think we can break this record by walking more! Come out today at lunch for our nature walk. [We'll meet at 12:50 outside the Williams Rd Entrance.](#) See you there!

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***Are you interested in learning more about some opportunities to help you prepare for a future career while still in high school? What would you think of getting a jump start on some lucrative work while honing useful skills? Would you be interested in getting part of your college tuition paid for? What about getting school credits for paid work you are already doing?***

***If any of these questions appeal to you, join us today at lunchtime in room 103 to meet with Mr. Thackwray from the District Career Programs Office. He will gladly answer any of your questions and help you to explore some great career possibilities while you are still in high school.***

***All are welcome!***

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Hey Grads! Round 2 for Commencement Tickets are now available. Those who requested additional tickets may now purchase your request up to 4 additional tickets. Please pay Mrs. Campbell, the Business Assistant, for your additional tickets. These additional tickets must be purchased by Tuesday, May 9th at 3:30pm. Any tickets which are not paid for at this time will be made available for others to purchase on Round 3.

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