



# Student Notices



Friday, May 5, 2023

## Announcement

---

Hi Sharks, it's Mental Health awareness this week! Did you know..

Dark chocolate reduces stress hormones such as cortisol and other fight-flight hormones? Additionally, cocoa is rich in antioxidants called flavonoids. Feeling overwhelmed and stressed is a normal part of life. Believe it or not, stress is not always a bad thing, but it can be a motivator! Find a family member or someone you can talk to and share a piece of chocolate!

---

***Don't miss SLSS Drama Club's hilarious production of Neil Simon's classic comedy "The Good Doctor"! There will be a pay-what-you-can preview on Monday, May 8<sup>th</sup> and shows on May 9<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> at 7:00pm. Tickets are available at the theatre this week and at the door! See you there!***

---

Hey Grads! Round 2 for Commencement Tickets are now available. Those who requested additional tickets may now purchase your request up to 4 additional tickets. Please pay Mrs. Campbell, the Business Assistant, for your additional tickets. These additional tickets must be purchased by Tuesday, May 9th at 3:30pm.

Any tickets which are not paid for at this time will be made available for others to purchase on Round 3.

---